

## **Nottingham City LINK AGM**

### **LOOKING AFTER OUR COMMUNITY**

Nottingham City LINK's Annual General Meeting took place on the 22<sup>nd</sup> June 2010 at Djanogly Academy.

A variety of stands from health and social care organisations lined the hallway and offered information to the delegates, enabling people to mingle and network before the conference began.

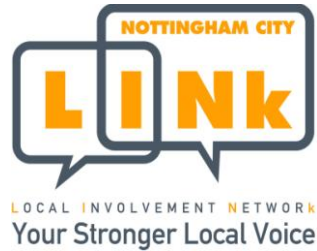
Celebrity guest speaker Saira Khan (BBC's The Apprentice) inspired the audience to go after what they wanted and never say never! Local lass Saira is a British Muslim from Long Eaton, born to immigrant parents who arrived here from Pakistan with nothing. She explained how she'd achieved what she wanted in life from a very early age, by setting her standards high, working hard and being a bit cheeky! Saira encouraged the audience to continue giving back to their community by influencing those that have power to make the changes to improve services in their community.

Delegates were then informed, by the three members of the Board of Directors from 2009/2010, the financial information and the achievements of the LINK during the past year. This was followed by the stepping down of last year's board members and the introduction of the new board members.

The Board of Directors for 2010/2011 is as follows;

- David Turner
- Alan Humberstone
- Barbara Venes
- Sarah Andrews
- Netty Johnson
- Nigel Shipston
- Rama Ramaswamy
- Margo Heyhurst
- Darren Ward

The new work plan was then introduced; Self Directed Support, Centre for Independent Living and Complementary Therapies focusing on Muscular Skeletal Care Packages and Hydrotherapy Services available in the city. There is also a Quick Wins Group looking into health and social care issues that can be improved in a short space of time.



The hot and cold buffet was a scrumptious mixture of Italian and Indian food, with a cold salad and fish.

The crowd were treated to a brilliant performance from character storyteller MONO Lisa, whose five characters emphasised the message that Self Directed Support can really make an individual's life an all round better experience and personal to what they want out of life.

Finally the Chair of the LINK, David Turner, thanked everyone for attending and encouraged them to get in touch with the LINK to help make a difference in their community.

All the formal information from LINK 2009/2010 is in the Annual Report, which will be available by the end of the June 2010. If you have any comments please do get in touch with LINK on **0115 975 4647** or [info@strongerlocalvoice.com](mailto:info@strongerlocalvoice.com).



Delegates at the AGM listening to board member Barbara Venes and enjoying the buffet.



Audience members listening to celebrity guest Saira Khan and character storyteller MONO Lisa.